

# Lunch Menu - Middleton Place Restaurant

*Updated 9/27/16*

## **SOUPS**

### **Chef's Selection \$6/ \$8**

Chef's selection of seasonal soup

### **Catfish Stew \$7/ \$11**

Carolina catfish, tomatoes, sweet corn, Carolina Gold rice, Middleton Place Farm organic peppers

### **She Crab (G) \$7/ \$11**

local dairy, Carolina blue crab, sherry

*\* Add a grilled pimiento cheese panini  
to your soup selection \$8*

## **SALADS**

### **Farmer's Salad (V) \$6**

fresh organic greens, Middleton Place Farm organic sweet bell peppers, shaved radishes, roasted red pepper vinaigrette

### **Tomato & Cucumber Salad (V) \$6**

fresh local tomatoes, cucumbers, sweet onion, lemon, white balsamic vinegar, dill crème fraiche

### **Pickled Shrimp Salad \$9**

pickled east coast shrimp, shallot, arugula, Carolina Plantation cow peas, preserved lemon, Split Creek Farms feta, merlot vinaigrette

*\* Add 4 oz grilled salmon fillet\* \$8*

*Or pan roasted Ashley Farm's chicken breast \$9*

## **SMALL PLATES**

### **Pimiento Cheese (G) \$7**

house made pimiento cheese, pickled local green tomatoes, country ham cracklin's, grilled bread

### **Manchester Farms Quail \$12**

mashed potatoes, string beans, Benton's Country ham, grape jus

### **Mushrooms & Grits (V) \$10**

organic Anson Mills grits, roasted local mushrooms, wild mushroom butter

### **Shrimp & Grits (G) \$12**

East coast shrimp, house made Tasso gravy, organic Anson Mills goat cheese grits

## TRADITIONAL SOUTHERN ENTRÉES

\$20 PER PERSON

*Includes 1 entrée, 2 side items,  
sweet Southern cornbread & whipped butter*

Fried Carolina Chicken (G)

Pecan Smoked Pulled Pork

Chicken & Dumplings (G)

Smoked Beef Brisket

House Ground Meatloaf

### SIDE ITEMS

(additional sides \$4)

Organic Anson Mills Goat Cheese Grits (V)

Hoppin' Jon (Field Peas & Rice) (V)

Braised SC Collard Greens

Shredded Cole Slaw (V)

Mashed Potatoes & Gravy (G)

Sautéed String Beans (V)

Gouda and Cheddar Mac & Cheese (V/G)

Plantation Corn Pudding (V)

Stewed Okra & Tomatoes (V)

*(V) vegetarian option (G) contains gluten*

*The Middleton Place Restaurant strives to serve fresh, locally-sourced dishes. Items are subject to change due to seasonal availability.*

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