



CHIPS, DIPS, STARTERS AND BAR BITES

Housemade Salsas & Dips

house salsa 5 / roasted corn salsa 5
salsa verde 5 / grilled pineapple salsa 5
fresh guacamole 8 / queso 6 w/ chorizo 8

SOL Trio

guacamole, queso and your choice of salsa. 14

Seasonal Soups

• **shrimp & jalapeño bisque** cup 5 / bowl 8
with tequila lime crema & salsa fresca
• **posole with chicken & tomatillos** bowl 8
served with shredded cabbage, diced avocado,
pico de gallo, sour cream, cheese quesadillas.

Crab & Avocado Stack ❖

lump crab, fresh avocado, lime vinaigrette,
spiked arugula, queso fresco. 14

SALADS

The Wedge

avocado, applewood smoked bacon, tomato,
spicy chipotle buttermilk dressing. 8

Grilled Romaine Salad

grilled romaine heart, red chile croutons,
caesar vinaigrette, cotija cheese. 6

SOL Salad ✨

wood fire grilled vegetables, broccolini,
fresh avocado, applewood smoked bacon,
queso fresco, lime vinaigrette. 10

* **Add to any of the 3 salads above:**

grilled chicken 5 • grilled shrimp 7
grilled steak 7 ❖ • grilled salmon 7 ❖

Marinated Steak Salad ❖

roasted red peppers, corn, grilled onions,
manchego cheese, smoked chile vinaigrette. 14

Adobo Seared Tuna & Avocado Salad ❖

seared rare, fresh avocado, seasonal citrus,
toasted pine nuts, lime vinaigrette. 15

TACOS

two tacos served with black beans & rice.
choose corn, flour or whole grain tortillas.

Flank Steak ❖

caramelized onions, fresh jalapeños,
sour cream, shredded lettuce. 11

Tuna Tacos

chile-rubbed, seared rare, jalapeño crema,
shredded cabbage, pineapple salsa. 12

Chicken

tomato bacon relish, manchego cheese,
creamy chipotle sauce, shredded cabbage. 10

Carnitas Pork

green chile sauce, pickled red onions,
queso fresco. 10

Margarita Shrimp

grilled citrus marinated shrimp, salsa fresca,
shredded lettuce, tequila-lime crema. 11

Roasted Vegetable

cabbage shreds, avocado cream, queso fresco. 9

Green Chile Chicken Nachos

grilled chicken, salsa fresca, fresh jalapeños,
queso blanco, green chile, sour cream. 12

Flank Steak Quesadilla ❖

roasted peppers, caramelized onions,
chihuahua cheese, avocado cream. 14

Chipotle Chicken Quesadilla

black beans, roasted corn,
smoked gouda, sour cream. 11

Wild Mushroom Quesadilla

mepkin abbey shiitake & oyster mushrooms,
smoked gouda, sour cream. 11

BBQ Scallops ❖

pan seared, chipotle bbq sauce,
creamed corn, cilantro oil. 12

SOL PLATES

Chicken Enchiladas

roasted vegetables, chihuahua cheese,
choose red chile, green chile or christmas. 12

Red Chile Bison Enchiladas ❖

ground bison, fresh jalapeño, caramelized
onions, chihuahua cheese, red chile sauce. 16

Shrimp & Spinach Enchiladas

red pepper sauce, manchego cheese, sour cream. 16

Stacked Vegetable Enchilada

roasted vegetables, chihuahua cheese,
black beans, red chile sauce, sour cream. 10

Creamy Chipotle Shrimp & Grits

roasted poblano & smoked gouda grit cakes. 17

Carnitas Napoleon

fried corn tortillas layered with carnitas pork,
salsa fresca, green chile and queso fresco. 11

Chicken Chimichanga

black beans, queso blanco, salsa fresca and
sour cream over red and green chile sauce. 13

WOOD FIRE GRILLED

served with choice of one side.

Shrimp citrus or chipotle butter 14

Salmon ❖ red chile glaze 16

Mahi-Mahi chili-rubbed, zippy sauce,
grilled pineapple salsa 17

Chicken Breast SOL seasoned 16

Pork Chop ❖ 10oz Duroc all natural 17

Skirt Steak ❖ 10oz. marinated steak 23

Sirloin ❖ 10oz. SOL seasoned sirloin 18

Filet ❖ 7oz. tenderloin 22 | 9oz. tenderloin 27



We strongly believe in giving back to our local community. Look for this symbol ✨ next to the featured menu item and cocktail of the month. With every purchase of these items we will donate \$1 to the Kitchen Karma charity of the month.

♥ All chicken is 100% all natural, antibiotic & hormone free

❖ Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

South by Southwest Shrimp

spicy chipotle shrimp, fried green tomatoes,
green chile aioli, salsa verde. 12

Tuna Lollipops ❖

sushi-grade tuna, tortilla breaded, spicy ponzu,
creamy ginger cilantro sauce. 4pc 12 / 6pc 15

Crab Cakes ❖

blue corn chip crusted lump crab cakes,
smoky red pepper sauce, roasted corn salsa,
arugula salad. 12

Firecrackers

grilled jalapeños, cream cheese stuffed,
wrapped in applewood smoked bacon. 9

Lola's Steak Skewers ❖

grilled tenderloin skewers with chimichurri. 11

BURGERS & SANDWICHES

all served with seasoned adobo fries.

Green Chile Bison Burger ❖

green chile relish, caramelized onions,
manchego cheese, green chile mayo. 16

Texas BBQ Bacon Cheeseburger ❖

fried shallots, smoked gouda, mayo. 12

The Kitchen's Chicken Sandwich

crispy fried chicken, jalapeño slaw,
spicy mayo. 10

Avocado Chicken Salad Sandwich

toasted jalapeño bread, creamy avocado
& grilled chicken salad, bibb lettuce,
green chile mayo. 10

Tuna Burger ❖

hand-pattied fresh ground tuna, pickled red
onions, creamy ginger cilantro sauce. 13

Salmon BLT ❖

wood fire grilled salmon, applewood smoked
bacon, bibb lettuce, tomato, zippy white sauce. 13

SOUTHWEST SIDES

Served à la carte 3 per

* seasoned adobo fries

* grilled sweet potato wedges

* chorizo & potato pie

* roasted poblano & smoked gouda grits

* creamed corn

* wood fire grilled vegetables

* jalapeño slaw

* organic black beans & brown rice

Kitchen Side Salad

radish, cucumber, carrots,
cherry tomato, chile vinaigrette. 5

