House omelets and Benedicts

All served with Fresh Seasonal Fruit and your choice of Grits or Hash Browns

| The Yardbird~ Grilled or Fried Marinated Chicken Breast, drug through the garden The Rueben—Shaved corned beef, Swiss cheese, sauerkraut, thousand island dressing, on rye 12 | | | |
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| Spicy ham and Cheese - Capicola ham and cheddar Loaded Omelet - Bacon, sausage, peppers, onions, and cheddar Pesto Shrimp - with diced tomatoes and Mozzarella LaTabella Benedict - 2 eggs pouched proseiutto, firesh mozzarella, hollandaise sauce on a English muffin 12 Crab Cake Benedict - 2 eggs pouched over Petit crab cakes with hollandaise on a English Muffin Breakfast Entrees, Wraps, and Sandwiches French Toast - Texas Toast, pecans, and strawberries. Choice of bacon or sausage 10 Chicken and Waffle - Choice of fruit or chocolate chips. Choice of bacon or sausage 10 Chicken and Waffle - Pried chicken with maple syrup Corned Begit hash - Housemade and served with 2 eggs, grits and biscuit Shrimp and Grits - Sautéed shrimp, bacon, peppers, onions, hol Italian sausage in cream sauce over grits 12 Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits 13 Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits 14 Classic - 2 eggs, boon or sausage, grits or hash browns, and a biscuit 17 Watt's Mess - 2 eggs, corned beef, sausage, bacon, onions, peppers, and hash browns with grits 18 LaTabella Wrap - Bacon, sausage, peppers, onions, fried eggs, and mozzarella in a wrap with grits 19 Shut the Front Door Wrap - Pastrami, fried eggs, hash browns, Swiss cheese in a wrap Sides Bacon \$3 - Sausage \$3 - Hash Browns \$3 - Grits \$3 - Biscuit and Sausage Gravy \$4 - Side of Fruit \$2 Toast \$2 Pasta Served with side garden salad Fettuccini Alfredo - a rich sauce of cream and Parmesan cheese 10 add chicken - 14 or grilled shrimp - 16 Spaghetti and Meatballs - with our homemade marinara sauce 20 Bologness - a blend of ground veal, sweet Italian sausage, sweet root vegetables, plum tomato, fresh garlic, 13 and Italian herbs with choice of pasta stigfed with vicotta and topped with marinara and mozzarella 11 Baked Manicotti - thin tubes of pasta stigfed with vicotta and topped with marinara and mozzarella 12 From the Grill Scre | Four Cheese ~ Fresh mozzarella, Asiago, Gorgonzola, and Goat Cheese | 11 | |
| Ladaed Omelet - Bacon, sausage, peppers, onions, and cheddar Pesto Shrimp - with diced tomatoes and Mozzarella LaTabella Benedict - 2 eggs poached over Petit crab cakes with hollandaise sauce on a English muffin Breakfast Entrees, Wraps, and Sandwiches French Toast - Texas Toast, pecans, and strawberries. Choice of bacon or sausage 10 Belgian Waffle - Choice of fruit or chocolate chips. Choice of bacon or sausage 10 Chicken and Waffle - Fried chicken with maple syrup 13 Corned Beef Hash - Housemade and served with 2 eggs, grits and biscuit Shrimp and Grits - Sautéed shrimp, bacon, peppers, onions, hot Italian sausage in cream sauce over grits 14 Biscuits and Sausage gravy - with 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits 13 Classic - 2 eggs, bacon or sausage, grits or hash browns, and a biscuit Wyatf's Mess - 2 eggs, corned beef, sausage, bacon, onions, peppers, and hash browns with grits 13 LaTabella Wrap - Bacon, sausage, peppers, onions, fried eggs, and mozzarella in a wrap with grits 13 LaTabella Wrap - Bacon, sausage, peppers, onions, fried eggs, hash browns, Swiss cheese in a wrap with grits 14 Bacon \$3 - Sausage \$3 - Hash Browns \$3 - Grits \$3 - Biscuit and Sausage Gravy \$4 - Side of Fruit \$2 Toast \$2 Pasta Served with side garden salad Fettuccini Alfredo - a rich sauce of cream and Parmesan cheese 10 add chicken -14 or grilled shrimp -16 Spaghetti and Meatballs - with our homemade marinara sauce 12 Bolognese - a blend of ground veal, sweet Italian sausage, swee | Garden ~ Tri-colors peppers, Cremini mushrooms, artichoke hearts, and fresh mozzarella | 11 | |
| Pesto Shrimp - with diced tomators and Mozzarella LaTabella Benedict - 2 eggs poached , prosciutto, firesh mozzarella, hollandaise sauce on a English muffin 12 Crab Cake Benedict - 2 eggs poached over Petit crab cakes with hollandaise on a English Muffin 14 Breakfast Entrees, Wraps, and Sandwiches French Toast - Texas Toast, pecans, and struwberries. Choice of bacon or sausage Belgian Waffle - Choice of fruit or chocolate chips. Choice of bacon or sausage 10 Chicken and Waffle - Fried chicken with maple syrup 13 Corned Beef Hash - Housemade and served with 2 eggs, grits and biscuit 13 Shrimp and Grits - Sautéed shrimp, bacon, peppers, onions, hot Italian sausage in cream sauce over grits 14 Biscuits and Sausage gravy - with 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Pried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy, 2 eggs and grits Chicken Fried Chicken - Fried Chicken with house made white pepper gravy and pries Stabella Wrap - Bacon, sausage, grits or hash browns, and a biscuit Wyatt's Mess - 2 eggs, corned beef, sausage, bacon, onions, peppers, and hush browns with grits 13 LaTabella Wrap - Bacon, sausage, peppers, onions, fried eggs, and mozzarella in a wrap with grits 14 LaTabella Wrap - Bacon, sausage, peppers, onions, fried eggs, hash browns, Swiss cheese in a wrap 15 Stides Bacon \$3 - Sausage \$3 - Hash Browns \$3 - Grits \$3 - Biscuit and Sausage Gravy \$4 - Side of Fruit \$2 Toast \$2 Pasta Served with side garden salad Fettuccini Alfredo - a rich sauce of cream and Parmesson cheese 10 add chicken - 14 or grilled shrimp - 16 Spa | Spicy ham and Cheese ~ Capicola ham and cheddar | 12 | |
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| The Rueben—Shaved corned beef, Swiss cheese, sauerkraut, thousand island dressing, on rye | | | l 12 |
| | The Yardbird ~ Grilled or Fried Marinated Chicken Breast, drug through the garden | | 10 |
| | The Rueben —Shaved corned beef, Swiss cheese, sauerkraut, thousand island dressing, on rye Fried Shrimp or Oyster Po Boy - your choice with lettuce, tomatoes, onion, and tartar sauce on hoagie roll | | 12 13 |

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