

events by Marriott



breakfast



breaks



lunch



reception



dinner



beverage

healthy

technology

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crafted for you

Charleston Marriott

170 Lockwood Blvd | Charleston | South Carolina 29403

843-723-3000

www.Marriott.com/chsmc

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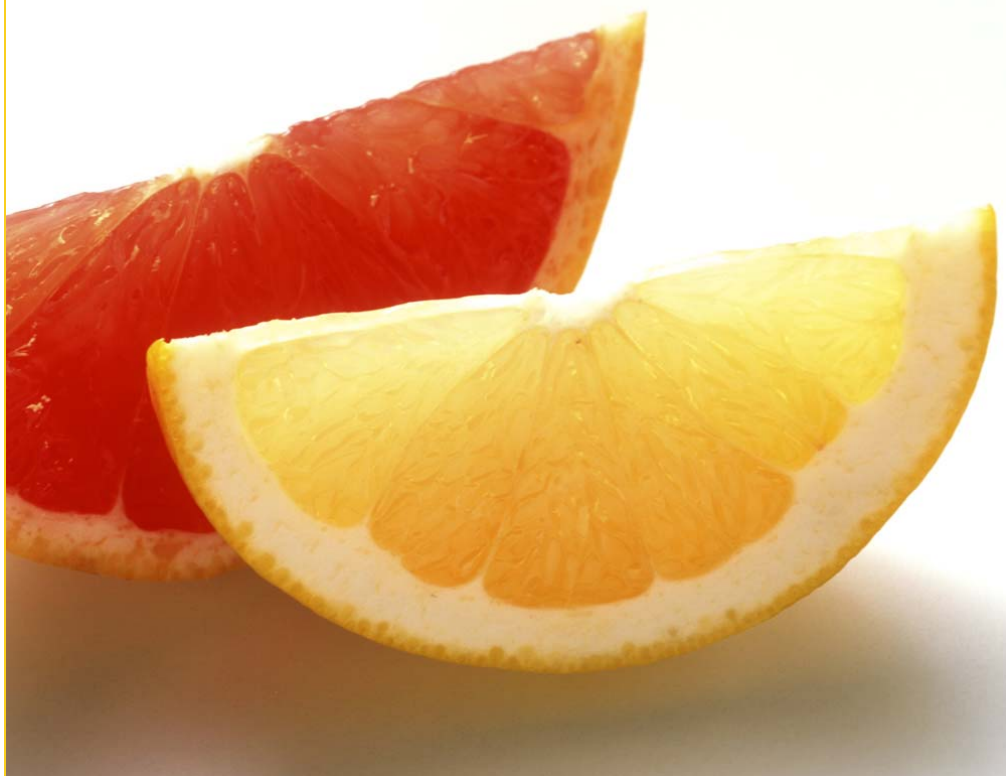
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season

[cereals](#)

[juices](#)

[coffee](#)

[teas](#)

[pastries](#)

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plated breakfast

all plated breakfasts include freshly brewed coffee, premium tea selections, fresh orange & cranberry juice, fresh baked muffins, scones & mini croissant basket, creamy butter, jam & fruit preserves

Citadel breakfast | \$16

crème brulee French toast, mandarin orange & fresh strawberry syrup, choice of smoked bacon, sausage links or turkey sausage

all American breakfast | \$17

scrambled eggs, choice of buttered grits or herb roasted potatoes, choice of smoked bacon, sausage links or turkey sausage

Charleston breakfast | \$19

scrambled eggs, shrimp & andouille sausage hash, white cheddar grits

smoked salmon and fried egg sandwich | \$19

whole wheat bagel sandwich, strawberry, mandarin orange & toasted almond salad

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buffet breakfast

all buffets include freshly brewed coffee, premium tea selections, fresh orange & cranberry juice

deluxe continental | \$14

sliced seasonal fruit, whole fruit & berries

fresh baked muffins, scones, mini danish, mini croissants & bagels

butter, cream cheese, jams & preserves

southern breakfast | \$17

sliced seasonal fruit, whole fruit & berries

assorted cereals with skim & 2% milk

slow cooked grits, butter, cheddar cheese

english muffin, fried green tomato, andouille scrambled egg

fresh baked sweet potato biscuits, butter, jams & preserves

sunshine breakfast | \$19

sliced seasonal fruit, whole fruit & berries

fresh baked muffins, pastry & mini croissants

scrambled eggs with cheddar cheese

choice of smoked bacon or ham

choice of sausage links or turkey sausage

herb roasted potatoes

farm fresh & sustainable | \$26

sliced seasonal fruit, whole fruit & berries

fresh baked muffins, pastry & mini croissants

chef prepared free-range eggs

local, pasture-raised heirloom bacon

Anson Mills organic hominy grits



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buffet enhancements

\$4 per guest

Starbuck's coffee

apple, grapefruit, V8 & tomato juice

buttermilk biscuit, ham, egg & cheese sandwich

croissant, turkey sausage patty, egg & cheese sandwich

breakfast burrito, scrambled egg, chorizo, cheddar, pico de gallo

hard boiled eggs, sea salt & fresh cracked pepper

individual almond granola parfaits, vanilla yogurt & seasonal berries

oatmeal with dried fruits & brown sugar

slow cooked grits with butter & cheddar cheese

buttermilk biscuits, turkey-sausage gravy

buttermilk pancakes, sweet cream butter, warm maple syrup

individual light & fruit yogurt

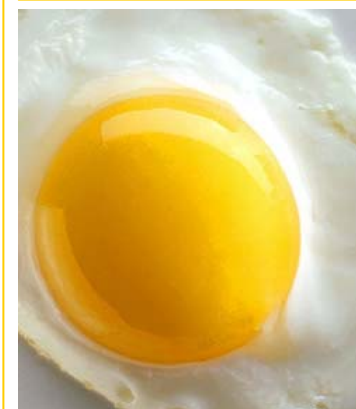
assorted cereals with skim & 2% milk

\$8 per guest

smoked salmon, bagels, cream cheese, red onion, capers, chopped egg

Red Bull Energy Drinks, Starbucks Frappuccino, Sobe Life Water

sliced meats, cheese & hard-boiled eggs



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chef attended buffet | \$12 per guest

omelets to order: onion, mushroom, diced tomato, ham, sweet peppers, cheddar cheese

shrimp & grits: buttered grits, pan gravy, sweet peppers & onion

smoothie station: fresh fruit, yogurt & crushed ice

waffle station: strawberries, maple syrup, whipped cream & chocolate chips

morning breaks

beverage service available for 1 hour priced per guest

option 1 | \$9

coffee and tea service

option 2 | \$10

coffee and tea service
assorted Pepsi beverages
bottled water

option 3 | \$12

coffee and tea service
orange, grapefruit, cranberry, & apple juice
Red Bull Energy Drink & Sobe Life Water

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fresh baked muffins, scones, mini
croissants | \$28 dozen

Krispy Kreme Doughnuts | \$30 dozen

fresh baked cookies | \$28 dozen

assorted Pepsi beverages | \$2.50 each

morning ala carte

fresh brewed regular & decaffeinated
coffee | \$45 per gallon

Starbucks coffee | \$55 per gallon

premium tea service | \$25 per gallon

flavored Dannon yogurt smoothies | \$3 each

bottled water | \$2.50 each

assorted individual juices | \$3 each

Red Bull Energy Drink | \$5 each

Sobe Life Water | \$5 each

seasonal sliced fruit & fresh berries,
cinnamon yogurt dip | \$6 per guest

bagels, assorted cream cheese, butter,
jam & preserves | \$30 dozen

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DELIGHT

muffins

juices

nuts

popcorn

pretzels

cakes

soda

cappuccino

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> am - morning

> pm - afternoon

afternoon breaks

all breaks available for 1 hour of service

happy hour | \$16

mini potato skins, cheddar, bacon & chive

chicken lollipops, celery sticks, hot sauce & blue cheese dip

mixed nuts

root beer floats, vanilla ice cream in mason jars

assorted Pepsi beverages & bottled water

energy breaks | \$13

assorted protein & granola bars

whole fruit

trail mix

yogurt covered pretzels

Red Bull Energy Drinks, Sobe Life Water, G2, bottled water

assorted Pepsi beverages & bottled water

pinckney place | \$15

chocolate iced brownies

fresh baked cookies

ice cream bars

Starbuck's Frappaccino

assorted Pepsi beverages & bottled water

Charleston society break | \$16

pralines, lemon squares, benne wafers, cheese straws, Charleston Chews

Wadmalaw premium tea service

lemonade and sweet iced tea

bottled water



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[open-faced beef tenderloin](#) | \$22
ciabatta, caramelized onion, boursin cheese

[grilled chicken blt](#) | \$19
crisp bacon, lettuce, tomato, fresh baguette

plated sandwiches

all plated lunches include freshly baked artisan breads, sweet cream butter, Charleston sweet iced tea & freshly brewed coffee service

[Carolina bbq pork sliders](#) | \$19
bleu cheese cole slaw

[crab cake on kaiser roll](#) | \$21
creole tartar sauce, sweet pepper slaw

[sautéed chicken breast](#) | \$19
pretzel bread, honey mustard aioli

[monte cristo](#) | \$19
smoked turkey, gruyere, maple aioli

[roasted veggie hoagie](#) | \$18
artichoke, zucchini, sweet peppers,
portabella, basil pesto

[italian deli stack](#) | \$18
genoa salami, ham, olive tapenade,
rosemary focaccia

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entrée salad

all entrée salads include freshly baked artisan breads, sweet cream butter, Charleston iced tea & freshly brewed coffee service

house salad | \$20

mixed field greens, fried or grilled chicken tenders, shredded cheddar, chopped egg, tomato & cucumber

caesar salad | \$21

grilled chicken, parmesan cheese, garlic croutons, fresh lemon, red & yellow sweet peppers

grilled salmon salad | \$23

grilled salmon, baby greens, soy vinaigrette, mandarin orange, pickled red onion, diced cucumber

lunch desserts

cheesecake, mango puree, fresh strawberry

strawberry shortcake, whipped cream

chocolate bundt cake, strawberry compote

carrot cake, caramel de leche, cream cheese frosting

key lime tart, gingered blueberries

pecan pie, mocha cream

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create your own plated lunch

all plated lunches include freshly baked artisan breads, sweet cream butter, Charleston sweet iced tea & freshly brewed coffee service

choose one starter and one dessert to accompany your entrée selection

starters

caesar salad

oven-roasted tomato soup

mixed field greens, cucumber, grape tomato, curly carrots

fresh seasonal fruit plate

entrée selection

pasta primavera, garden fresh veggies, parmesan & roasted garlic cream | \$20

5 layer veggie lasagna, herbed ricotta, mozzarella & parmesan | \$22

bbq glazed salmon, fingerling & red pepper potato salad | \$24

7 oz. grilled strip steak, smoky red onion & bleu cheese salsa, garlic mashed potato, sautéed seasonal veggies | \$29 (sustainable)

chicken only entrée selections

fried chicken, pimento mac & cheese, collard greens | \$24

sautéed chicken, pecan & goat cheese pesto, fingerling potato hash, baby green beans | \$25

Carolina glazed bbq chicken, roasted garlic mashed potato, buttered green beans | \$23

grilled chicken, mascarpone grits, orange & grapefruit jam, broccolini | \$26

pesto roasted chicken, balsamic cured plum tomato, parmesan potato, grilled zucchini | \$25



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lunch buffets

all buffets include freshly baked artisan breads, sweet cream butter, Charleston sweet iced tea & freshly brewed coffee service

deli | \$25

romaine hearts, sliced tomato, pepperoncini, pickle
bleu cheese cole slaw
smoked turkey, ham, salami, pastrami
sliced cheddar, swiss, smoked gouda
pretzel bread, kalamata-rosemary baguette,
whole wheat buns, focaccia
veggie pasta salad, sun-dried tomato vinaigrette
assorted chips
dessert bars & fresh baked cookies



pizza & pasta | \$26

caesar salad
pepperoni pizza
caramelized onion, goat cheese & bbq chicken pizza
mozzarella, crushed garlic, basil pesto & fresh tomato pizza
baked ziti, grilled chicken sausage, marinara sauce
oven-roasted balsamic veggies
cannolis

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lunch buffets

all buffets include freshly baked artisan breads, sweet cream butter, Charleston sweet iced tea & freshly brewed coffee service

bistro | \$28

mixed field greens, roasted beets, mandarin orange

gazpacho soup, feta cheese

tortellini pasta salad

poached salmon, dill, crème fraîche

roasted turkey breast, cranberry-orange compote

roasted beef sirloin, horseradish aioli

smoked gouda & swiss

crisp sweet peppers, english cucumber, radish, celery & carrot sticks

crème brûlée tart

nuevo latino | \$26

iced greens, roasted corn, sweet peppers, diced tomato & scallion, cilantro vinaigrette & pico de gallo ranch dressing

rice & beans

salsa & sour cream

chicken tortilla soup

citrus tequila marinated steak

chicken fajitas, flour tortillas

pulled pork

cinnamon apple churros

Kahlua chocolate mousse



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cookout | \$25

bbq potato salad

macaroni salad

hamburger & hot dogs

sweet onions, sautéed mushrooms, smoked bacon

sesame & whole wheat buns

sliced swiss, cheddar & bleu cheese

assorted chips

romaine hearts, sliced tomato, pepperoncini, pickle chips

sliced seasonal melon

lemon squares



chicken, biscuits & bbq | \$25

chopped salad, romaine, iceberg, diced tomato, red onion, garlic croutons

fried chicken

Carolina bbq pulled pork

collard greens

mac & cheese

pickled okra, chow chow, dilly beans

freshly baked biscuits

peach-apple cobbler, whipped cream

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boxed lunches

all boxed lunches include choice of assorted Pepsi beverages or bottled water

option 1 | \$22 each

served with fingerling potato salad, multi-grain chips, whole fruit, cheesecake bar

roasted beef sirloin, boursin cheese, oven cured tomato, hoagie roll

free-range chicken breast, smoked cheddar, tart apple, arugula on ciabatta

italian deli stack, genoa salami, ham, olive tapenade on rosemary focaccia

roasted veggies, pita bread, garlic-lemon hummus

option 2 | \$19 each

served with whole fruit, chips & fresh-baked cookie

tuna salad on hoagie

chicken salad on kaiser roll

smoked turkey & swiss on hoagie roll

ham & smoked gouda

roasted veggie, fresh greens, whole grain bun

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ESSENCE

canapés

shrimp

wraps

sushi

bruschetta

tenderloin

dim sum

oysters

cheese

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hot hors d'oeuvres

priced per piece (50 piece minimum)

chorizo & manchego stuffed mushroom caps | \$3

mini beef tenderloin tacos | \$5

pancetta shrimp wraps, raspberry bbq sauce | \$5

mini pastry wrapped baked brie, tart apple & brown sugar compote | \$5

potato latkes, chive crème fraiche & apple butter | \$3

crab rangoon | \$3

white cheddar & andouille grit cake | \$3

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soup shooters

she-crab, butternut squash & apple,
lobster bisque | \$6

hot hors d'oeuvres

priced per piece (50 piece minimum)

mini black angus sliders | \$5

honey-glazed chicken lollipops | \$3

mini bbq pork quesadillas | \$3

crab lollipops, creole
remoulade | \$5

lobster & brie cheese
quesadillas | \$6

spring rolls, plum sauce | \$3

mini beef wellington | \$3

bacon wrapped scallop | \$5

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cold hors d'oeuvres

priced per piece (50 piece minimum)

redskin potato frite | \$5

filled with sour cream, smoked salmon & chives

oyster shooters | \$5

horseradish, V8, vodka, fresh lemon

tortilla pinwheels | \$3

pimento cheese spread, fresh arugula

beef tenderloin gyros | \$6

toasted pita, tzatziki sauce

iced crudité "shooter" | \$3

saffron aioli & green goddess dressing

smoked salmon & cream cheese pinwheel | \$4

caper & red onion relish

redskin potato frite | \$5

stuffed with bleu cheese & smoked beef tenderloin

wonton napolean | \$5

lemon cream cheese, cucumber

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cold hors d'oeuvres

priced per piece (50 piece minimum)

grape tomato, fresh mozzarella, Italian
parsley artichoke heart | \$4

pimento cheese BLT's | \$4

tuna tartare, pickled cucumber & toasted
sesame | \$6

scallop ceviche "shooter" | \$5

chickpea & shrimp blini's | \$5

crab and fried green tomato "sandwich",
tabasco aioli | \$6

flatbread crostinis | \$3

prosciutto, fig & bleu cheese fork | \$5

cherry tomato, bleu cheese mousse | \$3



soup shooters

vichyssoise, cucumber & mint,
gingered watermelon | \$5

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shrimp cocktail

50 piece iced shrimp, fresh lemon,
horseradish-chili sauce | \$200

reception displays

priced per person

antipasto | \$9

crunchy baguette, cured olives &
artichoke hearts, boursin spread,
prociutto, salami, provolone, fresh
mozzarella, cherry peppers

fresh veggie crudité | \$5

caramelized onion dip, pimienta
cheese spread, crunchy baguette

sweet potato chips | \$4

bleu cheese fondue

slider diner trio | \$16

beef burger slider, horseradish aioli,
black bean & jicama slaw slider,
chipotle ketchup
salmon & shrimp slider, creole tartar

tri-color tortilla chips | \$4

chile con queso, salsa, guacamole

bruschetta | \$4

baguette crostinis, fresh tomato,
basil & parmesan

seasonal fruit & berries | \$6

cinnamon yogurt dip

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reception displays

priced per person

fromage pairing menu | \$12

smoked cheddar & raspberry jam

triple cream brie & apricot chutney

crumbled bleu & roasted pecans

manchego & red peppered honey

seedless grapes, french baguette & assorted crackers

mediterranean | \$5

garlic-lemon hummus, pita, cucumber chips

crab & artichoke dip | \$7

sauteéd spinach, pumpernickel bread, tortilla chips, grilled pita

cheese & crackers tray | \$8

cheddar, swiss, muenster, assorted crackers



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chef attended action stations

stations available for 2 hours of service, minimum 50 guests
priced per person

gnocchi & ravioli | \$12

lemon-chevre ravioli
buttered gnocchi
basil pesto
oven-cured tomato
grated pecorino
Italian parsley fried pancetta

mashed potato bar | \$10

sweet potato mashers, molasses
butter & marshmallow toppers
yukon gold mashers, fried onion &
sour cream toppers
redskin mashers, sour cream, crispy
bacon & scallion toppers

mac & cheese martinis | \$15

wild mushroom & leek mac &
cheese
cajun shrimp & crawfish mac &
cheese
diced crispy bacon
fried onion topper
sliced scallion

lowcountry sushi | \$12

a mix of traditional & "southern sushi"
crab & andouille
tuna & pickled okra
fried chicken & collard greens
blackened salmon & creole
remoulade
sweet soy sauce & creole
remoulade



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chef attended action stations

stations available for 2 hours of service, minimum 50 guests
priced per person



taco & fajita | \$16

seared flank steak
chorizo & ground beef
pulled chicken
julienne peppers & onions
flour & corn tortillas
diced tomato, sour cream,
scallion,
pico de gallo

shrimp & grits | \$18

cheddar grits
andouille sausage
sautéed shrimp
sweet peppers
carmelized vidalia onion
bourbon pan gravy

talk the wok | \$17

sautéed sweet chili chicken & shrimp
hon-shimeji & shiitake mushrooms
sesame-gingered noodles
baby bok choy & rice wine red onions
egg rolls

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chef carved stations

carving stations include freshly baked artisan rolls

roasted beef sirloin, horseradish aioli,
basil mayo | \$275

serves approximately 20 guests

fresh thyme-peppered top round of beef,
horseradish aioli | \$325

serves approximately 75 guests

roasted tenderloin of beef, basil mayo
horseradish aioli | \$375

serves approximately 75 guests

smoked pit ham, honey-rosemary glaze,
dijon mustard | \$250

serves approximately 50 guests

turkey roaster, cranberry compote, giblet gravy | \$225

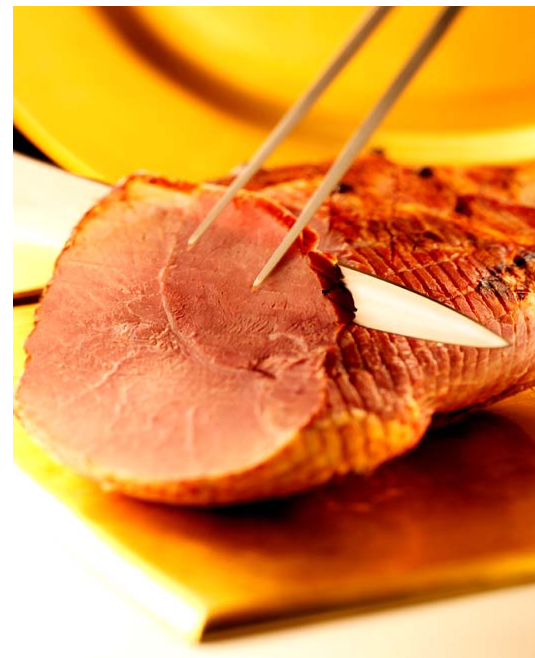
serves approximately 30 guests

bleu cheese pork loin, country gravy | \$225

serves approximately 30 guests

pepper bacon wrapped meatloaf, chipotle ketchup,
mushroom gravy | \$175

serves approximately 25 guests



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chef attended dessert action stations

stations available for 2 hours of service, minimum 50 guests
priced per person

belgian waffles | \$12

amaretto berries
vanilla bean ice cream
whipped cream
kahlua chocolate sauce
fried marcona almonds
pineapple, strawberries
toasted pound cake
chocolate chips
brownie bites
marshmallows
toasted coconut

bananas foster | \$10

dark rum
vanilla bean ice cream
whipped cream

cheesecake martinis | \$12

amaretto berries
whipped cream
chocolate chips
diced pineapple
toasted coconut
oreo cookie crumble



dessert displays

Kahlua chocolate fondue | \$8 per guest

pineapple, strawberries, pound cake, brownie bites, graham crackers, marshmallows, whipped cream

mini eclairs | \$4 each

cream puffs, individual cheesecake bites, chocolate truffles

peach cobbler | \$6 per guest

vanilla bean ice cream, candied pecans, whipped cream

chocolate dipped strawberries | \$3 each

tuxedo strawberries | \$5 each

chocolate dipped banana lollipops | \$4 each

dark & white chocolate mousse served in
waffle cones | \$6 each

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FLAVOR

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create your own plated dinner

choose one salad and one dessert to accompany your entrée selection

all dinners include freshly baked artisan breads, sweet cream butter, chef's selection of seasonal vegetable & appropriate accompaniment, Charleston sweet iced tea, coffee & premium tea service



salad selections

iceberg, romaine, english
cucumber, grape tomatoes,
curly carrots, crouton

field greens, smoked bacon,
sliced tart apple, bleu cheese,
garlic-rosemary croutons

chopped iceberg & romaine,
fried vidalia onions,
gorgonzola, fresh tomato

baby spinach & romaine, sliced
strawberries, feta cheese, spicy
roasted pecans

baby spinach, kalamata olives,
balsamic roasted plum tomato,
feta cheese

caesar, romaine hearts,
parmesan, garlic croutons

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bone-in grilled pork chop | \$32
tart apple butter compote

bleu cheese crusted pork tenderloin | \$34
apple cider & coriander reduction

entrée selections

duo plates are available for all entrees listed below

slow-braised beef short rib | \$38

balsamic roasted shallots

grilled 8 oz. filet mignon | \$48

merlot onion marmalade, wild mushroom sauté

grilled 10 oz. ribeye steak | \$42

grilled mushrooms, caramelized onion, horseradish aioli

szechwan flat iron steak | \$36

chili-scallion rub & bok choy sauté

miso-glazed sustainable atlantic fresh catch | \$34

(changes seasonally)

served with shiitake mushroom broth

pecan crusted whitefish | \$32

peach-basil jam

crab & rock shrimp cake | \$36

tomato ginger jam

seared salmon filet | \$38

goat cheese & pecan pesto

mahi-mahi | \$36

roasted fennel & tomato vinaigrette

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chicken only entrée selections

herb roasted chicken breast | \$32

caramelized apple relish, chèvre cream

pancetta & basil seared chicken | \$36

oven-cured tomato vinaigrette, fresh mozzarella

pistachio & pancetta crusted free-range chicken | \$38

served with chèvre beurre blanc

herbed chicken with roasted lemon | \$32

melted leeks & green olives

sautéed all-natural Ashley Farms chicken | \$38

crawfish & rock shrimp cake, grilled asparagus & tomato hollandaise

free-range chicken breast | \$38

prosciutto wrapped jumbo shrimp, artichoke & kalamata relish

fresh thyme & smoked gouda breaded chicken | \$34

served with port wine reduction

pan-seared chicken breast | \$32

grilled corn-andouille hash, tabasco butter

mascarpone free-range chicken | \$36

orange & grapefruit fennel relish

chorizo & manchego stuffed all-natural chicken breast | \$32

date and port wine reduction

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vegetarian selections

lemon-chèvre ravioli | \$32
tomato broth, grilled asparagus & shiitake

roasted eggplant napoleon | \$28
with zucchini & sweet peppers

cous cous pilaf | \$28
with roasted yellow pepper

red pepper & pecorino polenta | \$28
grilled portabella mushroom, balsamic syrup

pan-fried samosas | \$30
with tamarind date reduction

course enhancements | \$4 per guest

Charleston she crab soup

parsnip, potato & leek soup

crawfish & sweet corn chowder

gazpacho & feta

crab cake & fried green tomato stack,
red pepper jelly

sorbet intermezzo

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desserts

please select one of the following

- strawberry shortcake, whipped cream
- cheesecake, mango reduction, fresh strawberry
- chocolate marquis, strawberry compote
- chocolate espresso tiramisu
- carrot cake, caramel de leche, cream cheese frosting
- key lime tart, gingered blueberries
- vanilla bean crème brulee, mandarin oranges, almond cookie
- tiered dark chocolate mousse cake

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buffets

down-home southern | \$36

buttermilk biscuits & jalapeno corn bread

braised collard greens

oven-roasted sweet potatoes, molasses butter

fried green tomatoes, cajun remoulade

ham & shrimp jambalaya

fried chicken, butter beans, andouille & crawfish hash

apple & peach cobbler, vanilla bean ice cream

upscale southern | \$42

she-crab soup

field greens, spiced pecans, crumbled bleu cheese,
vidalia & grape tomatoes

sustainable Atlantic catch, smoked cheddar grits,
sweet corn relish

haricot vert, red pepper, bacon & onion sauté

blackened chicken, scallion & tasso cream

roasted beef sirloin, cabernet roasted vidalia onions

blueberry & strawberry shortcake, sweet whipped
cream



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tuscan | \$45

minestrone soup
caesar salad
focaccia & fresh baked rolls
herbed olive oil & butter
shrimp & mascarpone polenta
balsamic roasted vegetables
parmesan-basil mashers
lemon-sage roasted fresh Atlantic catch
chef carved rosemary & sea salt crusted
beef sirloin, fresh thyme au jus
coffee station with biscotti, cannoli
& individual tiramisu

land & sea | \$42

arugula, radicchio & fris e
plum tomato, fennel & olive salad
saffron shrimp on basmati rice pilaf
honey glazed pork loin, cheddar
cornbread muffins
grilled salmon steaks, crab & white
cheddar hash
seasonal veggie saut e
fresh seasonal berries, champagne
sabayon, & almond cookies

amar farms | \$40

iceberg mixed greens, english cucumber, grape tomatoes, baby carrots
orzo pasta salad, tomato vinaigrette & crisp garden veggies
chili rubbed braised short rib, pickled red onion & bleu cheese salsa
herb roasted chicken, marinated tomato & sweet peppers
olive oil, garlic & fresh herbed redskin potatoes
saut ed seasonal veggies
chocolate chip bread pudding

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ENJOY

[martinis](#)

[champagne](#)

[cordials](#)

[margarita](#)

[red wine](#)

[white wine](#)

[tonics](#)

[beer](#)

[non-alcoholic](#)



bar per person

(minimum 50 guest required for package bars)

bar packages include full bar set-up, domestic and imported beer, house wines by the glass and liquor. the packages are priced per person and are based on the guaranteed or actual attendance, whichever is higher.

cocktails

host sponsored bar per person*

	call brands	premium	top shelf
first hour	12	14	16
second hour	8	10	12
each additional hour	6	8	10

host sponsored bar per drink

full bar set-ups are included and charges are based on actual number of drinks consumed

	call brands	premium	top shelf
cocktails	6	8	10
domestic beer	4	4	4
imported beer	5	5	5
house wine	6	8	10
bottled water	2.5	2.5	2.5
soft drinks	2.5	2.5	2.5
cordials	8	9	9

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white wines and champagne

listed from fruit to mineral driven taste profile

Kim Crawford Sauvignon Blanc	35
Meridian Pinot Grigio	25
BV Coastal Estates Select Chardonnay	25
Clos du Bois Special Select Chardonnay	35
Segura Viudas Aria Estae Brut	28
Moet & Chandon White Star	90

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red wines

Listed from light to full body

Beringer Founder's Estate Pinot Noir	30
Clos Du Bois, Pinot Noir	35
Rosemont Estate Shiraz	35
Ravenswood Vinters Blend Zinfandel	35
BV Coastal Estates Select Merlot	32
Clos Du Bois Special Select Merlot	35
BV Coastal Estates Select Cabernet Sauvignon	25
Estancia Cabernet Sauvignon	35

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SMART

granola

yogurt

nuts

salad

fruit

salmon

vegetables

pita



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breakfast

All breakfast selections include freshly brewed coffee, premium teas, fresh orange and cranberry juice

Szechuan pepper steak (low carb) | \$17

served with cholesterol-free eggs, vegetable hash and parmesan encrusted roma tomatoes



crunchy French toast | \$14

whole wheat bread dipped in cholesterol-free eggs and covered in corn flakes served with fresh sliced seasonal fruit and reduced calorie syrup

frittata my way | \$15

egg white frittata with asparagus, wild mushrooms, wilted spinach and charred tomato relish with vegetable hash

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plated lunch

all lunch selections include seasonal fruit or specialty iceberg salad, freshly brewed coffee, decaffeinated coffee, specialty herbal teas and iced tea



fire roasted garden sandwich | \$18

portobello mushrooms, zucchini, roma tomatoes, red onion and sweet peppers topped with baby spinach and herbed cream cheese spread on focaccia bread

seared sesame tuna | \$20

seared tuna fillet set atop iced greens with julienne vegetables, wasabi and pickled ginger with sesame Thai vinaigrette

upton house chicken | \$25

fire-roasted free-range chicken topped with peach salsa on a bed of cous cous

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dinner

all dinner selections include seasonal fruit or specialty iceberg salad, freshly brewed coffee, decaffeinated coffee, specialty herbal teas and iced tea

chicken Toscano (low carb) | \$32

herb-roasted free-range chicken with marinated great northern beans and parmesan encrusted roma tomatoes

taste of the island (low fat) | \$35

jerk shrimp with cilantro lime rice and broccolini

Meeting Street salmon | \$32

fire-roasted salmon filet topped with charred tomato relish on a bed of harvest rice with sautéed spinach