

EST.  1988

MITCHELL'S FISH MARKET

SEAFOOD RESTAURANT & BAR

Appetizers

- Spicy Asian Shrimp Sweet sticky rice and pickled cucumbers 9.99
- J* Our Famous Chesapeake Bay Crab Cake Tartar sauce 12.99
- Seared Hawaiian Ahi Tuna* Sushi rice, ponzu, ale mustard sauce 12.99
- Crispy Calamari Zesty Asian dipping sauce 10.99
- Bacon Wrapped BBQ Shrimp Broiled and served with sticky rice 9.99
- Pan Roasted P.E.I. Mussels White wine, garlic, tomatoes, croutons 8.99
- Baked Spinach & Artichoke Dip Fresh corn tortilla chips 9.59
- Jumbo Shrimp Cocktail Cocktail and Louie sauces 12.99
- J* Crab, Spinach & Artichoke Dip A Fish Market favorite12.99
- Char-Broiled Oysters Bayou cajun butter and Parmesan cheese 15.99

Raw Bar**

Ask about today's selections MKT

Soups & Salads

- | | | |
|---------------------------|----------------|-----------------|
| Little Neck Clam Chowder | Cup 4.99 | Bowl 5.99 |
| New Orleans Seafood Gumbo | Cup 4.99 | Bowl 5.99 |
| Maine Lobster Bisque | Cup 5.99 | Bowl 6.99 |
- J* The Market's Famous House Salad
Carrots, cucumbers, cherry tomatoes, dates, pine nuts,
poppy seed vinaigrette 6.29
 - Our Classic Caesar
Romaine lettuce, Parmesan, garlic croutons 5.59
Entree size with your choice of shrimp 11.99 grilled chicken 9.99
 - "Titanic" Wedge of Iceberg
Blue cheese dressing, tomato, egg, bacon 5.79
 - Spinach Salad
Granny Smith apples, red onion, bacon, goat cheese, spiced pecans,
maple bacon vinaigrette 6.59
 - Beefsteak Tomato and Mozzarella Salad
Marinated vine ripened tomatoes, fresh mozzarella, seasonal baby greens,
white balsamic vinaigrette 7.99

Entree Salads

- Seared Tuna Salad*
Skewers of salt 'n pepper tuna, fresh greens, sliced egg, green beans,
olives, red onion, redskin potatoes and white balsamic vinaigrette 14.99
- Chilled Shrimp Salad
Fresh romaine and spinach, strawberries, cucumbers, red onion and
goat cheese-poppy seed vinaigrette, macadamia nuts 12.59
- J* Blackened Salmon & Spinach Salad
Georgia pecans, red onions, Granny Smith apples, bacon, goat cheese,
maple-bacon vinaigrette 12.99

Lunch Favorites

- Sam Adams Fish & Chips
Fresh made hushpuppies, Old Bay french fries, creamy coleslaw 10.99
- J* Shang Hai Seafood Sampler
Fresh Atlantic salmon, scallops and shrimp, steamed with ginger and served
with sesame spinach, sticky rice and rice wine soy sauce 13.99
- Garlic Shrimp Scampi
Angel hair pasta, diced tomato, Tabasco garlic butter sauce,
toasted garlic bread 10.99
- Parmesan Crusted Chicken
Pan seared and served with angel hair pasta with herb-garlic butter,
lemon pan jus, fresh tomato-basil relish 9.99
- Cedar Plank Salmon*
Balsamic glazed and oven roasted, grilled zucchini and peppers, sautéed
asparagus, sun-dried tomato pesto and goat cheese 13.99

**Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness.
Please inform your server of any food allergies*

****CONSUMER INFORMATION:** *There is a risk with consuming raw oysters. If you have chronic illness of the liver, stomach or blood or have immune disorders, you are at greater risk of serious illness from raw oysters and should eat oysters fully cooked. If unsure of your risk, consult a physician.*

*****Bread available by request only*****

Sample Lunch Menu

Today's Market Catch

Hand filleted on-site in our temperature controlled seafood cutting room and prepared in any of the following methods:

Simply Grilled or Broiled

Served with smashed redskin potatoes, market vegetables and shallot butter

Blackened

Served with étouffée sauce, tasso ham red beans and rice, skillet green beans and cane syrup

Shang Hai Style

Steamed with ginger and scallions, served with sticky rice, sesame spinach and rice wine soy sauce

Salad

Any Market Catch selection served grilled, broiled or blackened over your choice of House, Spinach or Caesar salad

Tropical Tilapia

Costa Rica 11.99

Mahi Mahi

Costa Rica 13.99

Arctic Char

Reykjavik, Iceland 13.99

Atlantic Salmon*

Puerto Montt, Chile 12.99

Pacific Cod

Kodiak, Alaska 11.99

Sea Scallops

Georges Bank 15.99

Yellowfin Tuna*

Kona, Hawaii 14.99

Rainbow Trout

Boise, Idaho 11.99

Chilean Sea Bass

From South Georgia Island, certified sustainable by the Marine Stewardship Council.

We recommend our signature Shang Hai preparation - steamed with fresh ginger and scallions, served with sticky rice, sesame spinach and rice wine soy sauce
22.99

We purchase our seafood from responsible, trusted and sustainable sources to ensure the ecological health of our rivers, lakes, and oceans and the abundance of marine life now and into the future

****All Species are Subject to Availability and Seasonality**

Sandwiches

- Today's Market Catch Fish Sandwich** Your choice of any fish, grilled, blackened or fried, served with Old Bay french fries and coleslaw MKT
- Parmesan Crusted Chicken** Fresh crisp lettuce, tomato-basil relish, served with Old Bay french fries and creamy cabbage coleslaw 8.99
- The Market Burger** 1/2 lb Angus beef with cheddar cheese, crispy bacon, Old Bay french fries and coleslaw 9.99
- Fresh Yellowfin Tuna Melt** On English muffins, cheddar cheese, tomato, sun-dried tomato basil mayonnaise and Old Bay french fries 10.99

Reel Delicious Menu

Fresh Flavors served in a Flash

- Lobster Roll BLT** Maine lobster, mayonnaise, lettuce, tomato, applewood smoked bacon, Old Bay french fries, coleslaw 12.99
- Shrimp Tacos** Flash fried, garlic chili mayonnaise, shaved lettuce, pickled cucumbers, Old Bay french fries 8.99
- Blackened Fish Tacos** Blackened Tilapia, shaved lettuce, mango-serrano salsa, cilantro-lime sour cream, Old Bay french fries 7.99
- Crispy Fish Tacos** Cornmeal crusted tilapia, lettuce, cilantro-lime sour cream, mango-serrano salsa, Old Bay french fries 7.99
- Fresh Yellowfin Tuna Melt Combo** On an English muffin, cheddar cheese, tomato and your choice of either a cup of soup or salad 9.99
- Soup and Salad Combination**
Pick a cup of soup and any salad 9.99

Slider Combinations

Choose a slider and either a cup of soup or salad

Clam Chowder or Seafood Gumbo
House or Caesar Salad

- Crab Cake Sliders** Shredded lettuce, tomato, cheddar cheese, tartar sauce 9.99
- "Codwich" Sliders** Shredded lettuce, tomato, cheddar cheese, tartar sauce 8.99

J Enjoy these signature Fish Market items