11.99



### FOOD MENU

Chicken Quesadilla

**APPETIZERS** Sliced chicken with onions, sweet peppers, spinach and cheese. Griddled and served with tomato salsa and Generously portioned for sharing! 790 cal , tomato salsa 20 cal , sour cream 190 cal Beef Empanadas 🌴 9 99 Handmade pastries filled with savory beef and potatoes. Island Hopper Combo 20.99 940 cal , seasoned sour cream 110 cal , pineapple chutney 90 cal A combination of Island favorites. Jamaican chicken wings, crispy coconut shrimp, homemade beef empanadas and conch fritters. Served with citrus-mustard, jerk BBQ sauce and seasoned sour cream. 10.99 Tostones with Chicken Island Hopper Combo 1,790 cal , jerk bbq 60 cal Direct from San Juan. Twice-fried plantains topped with chicken, sweet peppers, melted cheese and tomato salsa. Coconut Shrimp 🌴 11.99 960 cal Our famous large, crispy shrimp with citrus-mustard sauce. 500 cal , citrus-mustard sauce 120 cal Spinach Dip & Chips 10.99 Spinach and artichokes in a creamy cheese dip served warm with tortilla chips & salsa. Firecracker Shrima 11.99 1,350 cal Buttermilk battered and crispy fried with Sriracha aioli. 1,080 cal , sriracha aioli 270 cal Goat Cheese & Bell Pepper Dip 10.99 Warm, creamy goat cheese topped with grilled bell peppers and served with crispy flatbread crackers for Skillet-Simmered Jerk Shrimp 17 99 dipping. Large shrimp in garlic-thyme butter with warm Cuban bread for dunking. 610 cal 800 cal **Buttermilk Chicken Jibaritos** 9.99 Calamari 13 99 Sliders with a Caribbean twist, using flattened fried plantains instead of bread, buttermilk fried chicken, Hand-battered and flash-fried to a golden brown, served with an authentic sofrito-style tomato sauce. topped with Sriracha aioli. 920 cal , sofrito 200 cal 1,010 cal , sriracha aioli 270 cal Crab & Avocado Stack 15.99 Chorizo Meatballs 9.99 Premium lump crabmeat stacked high with chilled shrimp, avocado and fresh mango. These homemade meatballs have an island kick to them. Five beef and pork chorizo meatballs topped with three-peoper tomato sofrito. GS Also available as a Gluten Sensitive Item. 660 cal 320 cal Lobster & Shrimp Quesadilla 12 99 Lobster and tender shrimp, with onions, sweet peppers, spinach and cheese. Griddled and served with tomato Jamaican Chicken Wings 🌴 15.99 salsa and sour cream. Eight whole wings marinated in authentic Jamaican jerk seasonings and served with crisp skin. 770 cal , sour cream 190 cal , tomato salsa 20 cal 1,570 cal , jerk bbq sauce 60 cal

# **SNACKS & SMALL PLATES**

Small bites, big flavor!

# Legend

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Jamaican Chicken Wings

Four whole wings marinated in authentic Jamaican jerk seasonings and served with crisp skin.

780 cal

Guac 'n Chips 8.99

Homemade guacamole with crispy corn tortilla and plantain chips.

700 cal

Yucq Cheese Sticks 5.99

Crispy fried yuca stuffed with melted mozzarella cheese. Served with cilantro-crema and Sriracha aioli dipping

540 cal , sriracha aioli 270 cal , cilantro crema 250 cal

Conch Fritters 6.99

A Bahamian Favorite; a fritter made with conch, corn and bell peppers fried golden.

280 cal, citrus-mustard sauce 120 cal

# SOUPS

### **Bahamian Seafood Chowder**

Classic creamy chowder with shellfish and vegetables.

Bahamian Seafood Chowder - Cup 5.98
Bahamian Seafood Chowder - Bowl 8.99

Cup 230 cal | Bowl 470 cal, oyster crackers 60 cal

### Chicken Tortilla Soup 🌴

Chicken breast, fresh carrots, roasted corn and avocado in a light broth with a hint of lime.

 $GS\ \ \mbox{ Also available as a Gluten Sensitive Item.}$ 

Chicken Tortilla Soup - Bowl 6.99

Chicken Tortilla Soup - Cup 4.99

Cup 150 cal | Bowl 310 cal

Cuban Black Bean Soup

Slow-simmered and drizzled with cilantro-crema.

Cuban Black Bean Soup - Bowl 5.99

Cuban Black Bean Soup - Cup 4.98

Cup 220 cal | Bowl 440 cal

# SIDE SALADS

Add a House or Caesar Salad to any entrée for \$2.99.

House Salad 5.99

Fresh greens, Roma tomatoes, cucumber ribbons and pumpkin seeds, drizzled with Island vinaigrette.

GS Also available as a Gluten Sensitive Item.

220 cai

7.99

Caesar Salad 5.99

Crisp romaine, classic Caesar dressing, croutons and Parmesan cheese.

400 cal

# **ENTRÉE SALADS**

# Grilled Chicken & Tropical Fruit on Mixed Greens

13 99

Sliced grilled chicken with fresh pineapple, red grapes, strawberries and mandarin oranges with goat cheese crumbles, candied almonds and drizzled with Island vinaigrette.

GS Also available as a Gluten Sensitive Item.

670 cal

#### Tropical Fruit on Mixed Greens | Vegetarian

10.99

Fresh pineapple, red grapes, strawberries and mandarin oranges with goat cheese crumbles, candied almonds and drizzled with Island vinaigrette.

470 cal

Seared Ahi Tuna Salad\* 16.99

Seared sesame crusted Ahi tuna, fresh greens, tomatoes, cucumbers, drizzled with Island vinaigrette.

550 cal

Chipotle Chicken Taco Salad 13.99

Pulled chipotle chicken, fresh diced avocado, black bean and corn salsa, crispy tortilla strips, cheese and sour cream. Drizzled with chipotle-lime vinaigrette.

790 cal

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馣 🛮 Bahama Breeze Signature Menu Item

Grilled Chicken Cobb Salad 13.99

Sliced chicken breast, Applewood-smoked bacon, egg, tomato, three cheeses, pumpkin seeds and avocado. Served with Island vinaiarette.

670 cal, Island vinaigrette 110 cal

Grilled Salmon & Mixed Greens on a Tostada\* 🌴



14.99

Criso baked tortilla with melted cheese, fresh greens, corn and black bean salsa, avocado and drizzled with Island vinaigrette.

1,100 cal

**CARIBBEAN FAVORITES** 

Taste of Jamaica 🌴

20.99

Feast on jerk chicken, pulled jerk pork, beef empanada, braised greens, sweet plantains, white rice and black beans.

1.610 cal

Ropa Vieja Tostones

1R.99

So tasty we had to have two. Crispy plantain bowls loaded with tender braised beef over yellow rice and our signature black beans.

1,350 cal

Jamaican Stuffed Plantain Bowl

12.99

A caramelized whole sweet plantain stuffed with yellow rice and mildly spiced ground beef with black bean sauce and cheese.

1,140 cal

Black Bean Stuffed Plantain Bowl | Vegetarian

12.99

73 99

A caramelized whole sweet plantain stuffed with white rice, beans simmered in sofrito sauce and topped with tomatoes, corn, black beans and cheese.

RAN col

**Arnised Oxtol** 

Oxtail served with green beans and white rice. A rich and hearty treat.

1,040 cal

STEAK & PORK

order, please inform your server if a person in your party has a food allergy. Not all ingredients are listed in the menu

Legend Additional nutrition information is available upon request. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Before placing your

08/15/2019 | Please visit www.bahamabreeze.com for the most current menu and specials. | 2016 Darden Concepts, Inc.

Steak Oscar\*

8-oz. center-cut sirloin, topped with premium lump crabmeat and citrus butter sauce. Served with grilled asparagus and mashed potatoes.

GS Also available as a Gluten Sensitive Item.

ARO cal

Grilled Top Sirloin Steak\*

1R 99

24.99

Juicy 8-oz. center-cut sirloin served with our mashed potatoes and fresh steamed broccoli.

GS Also available as a Gluten Sensitive Item.

820 cal

Skirt Steak Churrasco\* 🌴

21.99

10-oz. skirt steak topped with chimichurri. Served with yellow rice, black beans and sweet plantains.

1.060 cal

**Baby Back Ribs** 

21.99

Glazed with our guava BBQ sauce, served with fries and cabbage-jicama slaw.

GS Also available as a Gluten Sensitive Item.

1,880 cal , guava bbq sauce 70 cal , ketchup 60 cal

# **SEAFOOD**

Even if you're land locked, you can enjoy the taste of expertly-prepared fresh seafood. At Bahama Breeze, you'll always love the catch of the day. Fresh Fish Specials are available daily.

Seafood Paella 🌴

19.99

22.99

A Caribbean classic with sautéed scallops, shrimp, fish, mussels, chicken and chorizo sausage with yellow rice.

940 cal

Caribbean-Style Lobster Mac & Cheese 🌴



Lightly fried lobster tail with griddled Bahamian mac & cheese. Served with roasted bell pepper sauce. homemade chimichurri and green beans.

790 cal

馣 🛮 Bahama Breeze Signature Menu Item

Coconut Shrimp 🌴

17.99

Our famous large crispy shrimp with yellow rice and fresh broccoli.

1.040 cal. citrus-mustard sauce 120 cal

#### Calypso Shrimp Linguine

Tender shrimp in every bite... sautéed with garlic, scallions, tomatoes, a hint of spice and cream. Calvoso Shrimo Linauine - Liahter Portion 16.99

Calypso Shrimp Linguine - Full Portion

19.99

15.99

770 cal | 1.140 cal

#### Shrimp & Mahi with Lemongrass Sauce

Sautéed Mahi Mahi, shrimp, shiitake mushrooms, bok choy, sugar snap peas, edamame and bell peppers in a zesty coconut lemongrass sauce served over white rice.

Shrimp & Mahi with Lemongrass Sauce - Lighter Portion 12.99

560 cal | 780 cal

#### Veggies with Lemongrass Sauce | Vegetarian

Shrimp & Mahi with Lemongrass Sauce - Full Portion

11 99

Sautéed shitake mushrooms, bok choy, sugar snap peas, edamame and bell peppers in a coconut lemongrass sauce served over white rice.

630 cal

#### Tequila Sunburn Glazed Salmon\*

18.99

Grilled salmon basted with our new Tequila Sunburn glaze, topped with pineapple-mango salsa. Served with cinnamon mashed sweet potatoes and green beans.

625 cal - 1,450 cal

# Lobster & Shrimp Linguine

22.99

Tender shrimp and lobster tossed with fresh mushrooms in a lobster brandy cream sauce.

1.200 cal

# **FRESH CATCHES**

Salmon\* - Rich & Flavorful

Our Grilled Fresh Fish selections include green beans and your choice of yellow rice, mashed potatoes or cinnamon mashed sweet potatoes. Select your style: Tequila Sunburn · Chimichurri · Classic

GS Also Available as a Gluten Sensitive Item

625 cm - 1,450 cm

Tilapia - Delicate & Flaky

1R 99

18.99

Our Grilled Fresh Fish selections include green beans and your choice of yellow rice, mashed potatoes or cinnamon mashed sweet potatoes. Select your style: Tequila Sunburn · Chimichurri · Classic

455 cal - 1,280 cal

ISLAND ADD ON: Oscar 7.99

Premium lump crabmeat and citrus-butter sauce

250 cal

ISLAND ADD ON: Sautéed Shrimp 5.99

100 cal

ISLAND ADD ON: Fried Lobster Tail 10.99

220 cal , sriracha aioli 270 cal

# CHICKEN

Add a House or Caesar Salad to any entrée for \$2.99.

Jerk Chicken Pasta 🌴

Sliced jerk chicken breast, fresh asparagus and mushrooms tossed in a Parmesan cream sauce with bow-tie

Jerk Chicken Pasta - Full Portion 17.99 Jerk Chicken Pasta - Lighter Portion 14.99

680 cal | 1,050 cal

Jamaican Jerk Chicken 🌴

17.99

Half chicken marinated and rubbed with authentic jerk seasonings and roasted, served with white rice, black beans and ripe plantains.

1,480 cal

# Leaend

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**Buttermilk Fried Chicken Breast** 14.99

Layered with spinach, tomatoes, corn and black bean salsa and melted cheese over our mashed potatoes with lemon hutter souce.

1.570 cal

#### Grilled Chicken with Cilantro-Crema

With our mashed potatoes and roasted corn topped with a blend of three melted cheeses drizzled with cilantro-crema sauce.

Grilled Chicken with Cilantro-Crema - Full Portion 15.99 Grilled Chicken with Cilantro-Crema - Lighter Portion 11.99

1,020 cal | 1,220 cal

#### **Grilled Chicken Breast**

Citrus butter sauce, fresh broccoli and our cinnamon mashed sweet potatoes.

GS Also available as a Gluten Sensitive Item.

Grilled Chicken Breast - Full Portion 16.99 Grilled Chicken Breast - Lighter Portion 13.99

810 cal | 1,040 cal

### **BURGERS**

With your choice of French fries, fresh fruit salad served with Häagen-Dazs® mango sorbet, vine-ripened tomato salad, a cup of soup, or white or vellow rice with black beans. All burgers may be substituted for a chicken breast.

#### Applewood Bacon & Cheddar Burger\*

11.99

Applewood-smoked bacon, melted cheddar cheese, crisp pickle slices, vine-ripened tomato, shaved red onions, lettuce, on a toasted brioche bun. Try it with Chicken (810 cal)

1,000 cal , Choice of Side:70 cal - 520 cal

# BBQ Bacon & Cheese Burger\*

12.99

Glazed with our signature guava BBQ sauce, Applewood-smoked bacon, melted pepper jack cheese, cole slaw and crisp fried onion strings on a toasted brioche bun. Try it with Chicken (1020 cal)

1,220 cal , Choice of Side:70 cal - 520 cal

# Black Bean BBQ Burger | Vegetarian

11.99

Glazed with our signature guava BBQ sauce and served with melted pepper jack cheese, guacamole, vineripened tomato and lettuce on a toasted brioche bun. Try it with Chicken (640 cal)

650 cal , Choice of Side:70 cal - 520 cal

#### Grilled Burger\* 11.99

Grilled and served with lettuce, vine-ripened tomato, shaved red onions, crisp pickle slices on a toasted brioche bun. Try it with Chicken (480 cal)

670 cal . Choice of Side:70 cal - 520 cal

#### **TACOS**

With your choice of French fries, fresh fruit salad served with Häagen-Dazs® mango sorbet, vine-ripened tomato salad, a cup of soup, or white or yellow rice with black beans. All burgers may be substituted for a chicken breast.

#### Coconut Shrimp Tacos 🌴

Three flour tortillas filled with crispy coconut shrimp, tomato salsa, Sriracha aioli and cabbage-jicama slaw.

Coconut Shrimp Tacos - 3 Tacos 13.99 Coconut Shrimp Tacos - 2 Tacos 11.99

670 cal | 1.050 cal , sriracha gioli 270 cal , Choice of Side:70 cal - 520 cal

#### **Key West Fish Tacos**

Three flour tortillas filled with sautéed fish, tomato salsa, cabbage-jicama slaw and a side of guacamole.

Key West Fish Tacos - 2 Tacos Key West Fish Tacos - 3 Tacos 13.99

440 cal | 670 cal , guacamole 60 cal , Choice of Side:70 cal - 520 cal

### Black Bean & Guacamole Tacos | Vegetarian

10.99

Two flour tortillas filled with crisp black bean crumbles, cabbage jicama slaw, tomato salsa and topped with guacamole.

740 cal

#### **SANDWICHES**

With your choice of French fries, fresh fruit salad served with Häagen-Dazs® mango sorbet, vine-ripened tomato salad, a cup of soup, or white or yellow rice with black beans.

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馣 Bahama Breeze Signature Menu Item

Jerk Chicken Sandwich 12.99

Hand-pulled jerk chicken and melted pepper jack cheese stacked high on toasted Cuban bread, served with a side of jerk 880 sauce.

780 cal, jerk bbq sauce 60 cal, Choice of Side:70 cal - 520 cal

Honey Sriracha Chicken Sandwich 10.99

Experience fried chicken with an island kick. Buttermilk fried chicken breast, cabbage-jicama slaw, drizzled with a honey Sriracha sauce. Served on a toasted brioche bun.

760 cal, Choice of Side:70 cal - 520 cal

Grilled Chicken Breast Sandwich 10.99

Served on a toasted brioche bun with lettuce, sliced onions and vine-ripened tomato.

500 cal, Choice of Side:70 cal - 520 cal

Cuban Sandwich 12.99

Ham, roasted pork, Swiss cheese, pickles and mustard hot-pressed on Cuban bread.

1,140 cal , Choice of Side:70 cal - 520 cal

LUNCH COMBO | MONDAY TO FRIDAY 11AM - 4PM

These lunch-size items are served with your choice of House solad, Caesar solad or a cup of any of our signature soups. Substitute a bowl of soup for \$1.00 more.

Buttermilk Chicken Jibaritos Combo 9.99

Two sliders using flattened fried plantains instead of bread, buttermilk fried chicken, topped with Sriracha aioli.

680 cal, sriracha aioli 270 cal, Choice of Side:150 cal - 400 cal

Cuban Sandwich Combo 10.99

Half of our famous sandwich filled with ham, roasted pork, Swiss cheese, pickles and mustard hot-pressed on Cuban bread. This lunch item is served with your choice of salad or soup.

570 cal, Choice of Side:150 cal - 400 cal

Jerk Chicken Sandwich Combo 10.99

A half sandwich filled with hand-pulled jerk chicken and melted pepper jack cheese stacked high on taasted Cuban bread, served with a side of jerk BBQ sauce. This lunch item is served with your choice of salad or soup.

390 cal, jerk BBQ sauce 60 cal, Choice of Side:150 cal - 400 cal

Beef Empanadas Combo 🌴

Two handmade pastries filled with savory beef and potatoes, and a side of pineapple chutney. This lunch item is served with your choice of salad or soup.

470 cal, pineapple chutney 90 cal, Choice of Side:150 cal - 400 cal

Soup & Salad Combo 8.99

Your choice of our signature soup with a House or Caesar salad.

370 cal - 630 cal

Coconut Shrimp Combo 🌴 10.99

Our famous large crispy shrimp with citrus-mustard sauce. This lunch item is served with your choice of solad or soup.

330 cal, citrus-mustard sauce 120 cal, Choice of Side:150 cal - 400 cal

Coconut Shrimp Tacos Combo 🌴

10.99

9.99

Two flour tortillas filled with crispy coconut shrimp, tomato salso, Sriracha aioli and cabbage-jicama slaw. This lunch item is served with your choice of salad or soup.

670 cal, sriracha aioli 270 cal, Choice of Side:150 cal - 400 cal

Key West Fish Tacos Combo 9.99

Two flour tortillas filled with sautéed fish, tomato salsa, cabbage-jicama slaw and a side of guacamole. This lunch item is served with your choice of salad or soup.

440 cal, guacamole 60 cal, Choice of Side:150 cal - 400 cal

Black Bean & Guacamole Tocos Combo | Vegetarian

9.99

Two flour tortillas filled with crisp black bean crumbles, cabbage jicama slaw, tomato salsa and topped with quacamole. This lunch item is served with your choice of salad or soup.

740 cal

Lobster & Shrimp Quesadilla Combo

11.99

Lobster and tender shrimp, with onions, sweet peppers, spinach and our three cheese blend. Griddled and served with tomato salsa and sour cream. This lunch item is served with your choice of salad or soup.

380 cal, tomato salsa 15 cal, sour cream 100 cal, Choice of Side:150 cal - 400 cal

Chicken Quesadilla Combo

9.99

Sliced chicken with onions, sweet peppers, spinach and our three cheese blend. Griddled and served with tomato salsa and sour cream. This lunch item is served with your choice of salad or soup.

400 cal , sour cream 100 cal , tomato salsa 15 cal , Choice of Side:150 cal - 400 cal

Legend

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https://www.bahamabreeze.com/print-menu/food