

APPETIZERS

Trattoria Bruschetta.....	5.95	Low Country Crab Cakes	12.95
Fried Pacific Calamari	8.95	Garlic Crab Claws	10.95
Oysters Rockefeller.....	9.50	Chicken Wings	7.50
“S” Cargots	9.95	Today’s Soup	4.95
Shrimp Remoulade.....	9.95	Barbecue Ribs	8.95
Raw Oyster Shooters.....	8.95	Chili.....	5.95
“Buffalo” Oysters.....	9.50	Onion Ring Loaf	5.95

FRANK’S GOURMET CHIPS

Fresh cooked tortilla chips with our designer toppings. A meal for one or an appetizer for several.

Spinach	8.95	Seafood	10.50
Thai Chicken.....	9.95	BBQ Chicken.....	9.50
Traditional	8.95		

SANDWICHES

Broiled Chicken Sandwich	8.50	Lump Crab Cake Sandwich	13.50
Blackened Shrimp BLT	10.75	Philly Cheese Steak.....	10.95
Spicy Shrimp Stuffed Baguette.....	12.50	Filet Mignon Sandwich.....	12.95
Chicken BBQ Sandwich.....	8.95	Broiled Salmon Sandwich	10.95
Beef BBQ Sandwich	9.95	Club.....	8.50
American Burger	7.95		

SALADS

Frank’s Chef Salad Mixed greens topped with chopped eggs, cured ham, turkey, cheddar and Monterey Jack cheeses, toasted almonds, tomatoes and bacon & ham	8.95
Caesar with Broiled Chicken Caesar salad topped with a broiled to order, marinated chicken breast, Romano and homemade croutons.....	10.50
Thai Chicken Salad Sliced chicken breast with red and yellow peppers, bean sprouts, mixed greens, scallions, carrots, and cilantro-peanut dressing.....	10.95
Hot Vegetable Salad Red and yellow peppers, snow peas, squash, artichoke hearts, scallions and garlic sauteed in white wine and just a little butter. Served over hearts of palm, fresh mushrooms, tomatoes and mixed greens. Topped with Romano cheese and served with our low carb vinaigrette dressing	9.50
Low Carb Filet Mignon Salad Cooked-to-order center cut filet mignon on chopped Romaine with bleu cheese crumbles, bacon, mushrooms, red onion and low carb vinaigrette.....	14.50
Blackened Shrimp Caesar Traditional Caesar salad with blackened butterflied shrimp and crunchy house-baked croutons.....	11.50
Broiled Salmon Salad Fresh Atlantic salmon served over mixed greens, hearts of palm, fresh mushrooms, scallions and chopped tomatoes	11.50
Creole Shrimp Salad Spicy Shrimp with mild peppers, red and green onions, and artichoke hearts tossed in our classic remoulade dressing	10.95
House Salad Mixed greens, chopped egg, diced tomatoes, roasted almonds, bacon and ham	5.95

With Entree 3.50.