# Breakfast

#### Signature Breakfasts

Fresh juice, Tea Forté selection or freshly brewed organic coffee

#### **Continental breakfast**

Selection of breakfast pastries or toast, sweet butter and preserves, fresh fruit and berries 15

## Lifestyle breakfast 🧭

Egg white omelette shiitake, asparagus, low fat mozzarella gratin 18

#### Iron city skillet

Scrambled eggs with ham, bacon, onions, potatoes, cheddar cheese gratin Selection of toast with sweet butter and preserves **18** 

#### The Habitat breakfast

Organic farm fresh eggs, bacon, or country-sausage links, home-fried potatoes Selection of toast with sweet butter and preserves **17** 

## Eggs

#### Omelettes

Three whole eggs or just whites, choice of onions, peppers, ham, mushrooms, tomatoes, cheddar, asparagus, smoked salmon, fresh herbs, goat cheese **14** 

#### **Eggs Benedict**

Canadian bacon or smoked salmon, home-fried potatoes, hollandaise 16

#### **Corned beef hash**

Two poached eggs, crispy potatoes, hollandaise 16

## From The Griddle

Pancakes Three large pancakes, buttermilk or blueberry, maple syrup 12

French toast Thick-cut brioche French toast, almonds, caramelized orange syrup 12

Malted Belgian waffles Toasted pecans, maple syrup 12

## **Cereals and Baked Goods**

**Cold cereal** Frosted Flakes, All Bran, Special K, Cheerios, Raisin Bran, Rice Crispies, Froot Loops **5** 

Bircher muesli Z Rolled oats, dried fruits, green apple 9



#### Danish and specialty pastries

Muffins: blueberry, banana nut, raisin bran Flaky or chocolate croissant Selection of danish **3** 

Selection of toasted breads White, whole wheat, seven-grain, rye, sourdough (two per order) English muffin Served with butter and preserves 3

Plain or flavored bagels with cream cheese 5

## Lifestyle Cuisine 🧖

Egg white frittata Shiitake, asparagus, low fat cheese 14

Bagel and lox Red onion, tomato, capers, cream cheese 16

Fresh fruit plate Seasonal fruits and berries 10

#### Fresh fruit and yogurt smoothie 8

Fresh vegetable and fruit juices 5 Juice of the day Fresh carrot Carrot and ginger Celery and apple

## Sunday Breakfast Buffet 25

Available 8:00-11:00 a.m.

Selection of fresh eggs Breakfast meats Potatoes Fresh bakery assortment Freshly sliced fruit Granola Cured meat and cheese House smoke salmon Coffee or tea Selection of fresh juice



Canadian bacon, country-sausage links or bacon 4

Smoked salmon 8 Fresh fruit 6 Seasonal berries 8 Crispy hash browns 4 Yogurt 4

## **Beverages**

Coffee 4 Fairmont Tea selection 4 Select leaf teas by Tea Forté 5 Espresso, cappuccino or latte 5 Juices – orange, grapefruit, apple, cranberry, V8 4 Milk – whole, 2%, skim, soy, 1/2 & 1/2 4

The consumption of raw or undercooked meat, poultry, seafood, shellfish and/or eggs may increase the risk of food borne illness. The Culinary team at Habitat is pleased to offer you seasonally inspired menu items. As part of our commitment to environmental stewardship, this menu contains locally sourced, organic, or sustainable items wherever possible. All cuisine is prepared without artificial trans fats. The consumption of raw or undercooked meat, poultry, seafood, shellfish and/or eggs may increase the risk of food borne illness.